FAQ: FLEXTIME

FlexTime is instructional time where students get to take ownership of their learning and to practice self-regulation. Students sign-up to get additional help from their teachers, work on assignments, attend a 'flexture' or work on a 'passion project.'

WHY ARE WE DOING THIS

Everyone is in need of more time. This extra-time will reduce anxiety and pressure. This also allows you to pursue passions and hobbies that you may not have had time for previously. For example, there are running clubs, art, boxing, basketball, technology, and other various clubs that meet during Thursday FLEX.

HOW WILL STUDENTS EARN CREDIT

In order to earn credit, students must attend FLEX regularly. A mark will be created based on their attendance. In addition, students are required to self-assess on the six core competencies outlined by the new curriculum.

HOW DOES IT WORK

On Tuesday FLEX, students attend FLEX with one of their current trimester teachers. They may sign up in advance through the flex.chss.io portal, or simply go to the flex and sign in there.
On Thursday FLEX, a variety of passion FLEX sessions will be available, in addition to curricular support from their teachers.

FLEX TIME IS ON....
Tuesday and every second Thursday between 4th and 5th period.