



Welcome Back Grade 10's, 11's & 12's (Class of 2025)!



Ła Bała Sgan

First Day of School is Tuesday, September 3rd @ 10:45 am

10:45 am-10:50 am: Arrive Through the Main Entrance and head to your first class

-Please bring signed forms at this time and give them to the greeters at the door

11:00 am-11:15 am: Students Attend Their First Class

11:15 am-11:30 am: Students Attend Their Second Class

11:30 am-11:45 am: Students Attend Their Third Class

11:45 am-12:00 pm: Students Attend Their Fourth Class

- Staff will assist you in finding your classes.
- During these brief sessions, you will get to meet your teacher 😊, as well as learn the outcomes and what to expect this term.
- **Important Note:** Attending the first days of your classes ensures that you hold your seat in the class and that you do not miss out on important information.

Courses Outside the Timetable

Some of the courses at CHSS run before or after school. These courses are:

- Band
- Choir
- Musical Theatre/Pit Band (students must audition for this course, auditions happen in the second week of September)
- Basketball
- Leadership (this course once a week runs at lunch).

Information on the exact time these courses run will be provided to you during the first week of school, so there is no need to worry about them until you arrive 😊.

Additional Information

- **Counselling:** Each student is assigned a counsellor when they transition to high school, however, a student may see whichever counsellor they feel most comfortable.
- **Indigenous Family Resource Workers and Mentors:** Supports are available to work with students on coursework, communication with families, cooking club, connecting with the community and more!
- **Breakfast Club and Lunch Program:** Breakfast will be available daily in our Library Learning Café. All students are encouraged to stop by and enjoy breakfast. If you wish to sign your child up for the lunch program, forms are available in the counselling office.
- **Lunch Break Options:** Students may remain in their second-period classroom, go to the multipurpose room, go to the library learning café, be outside, or leave the school premises.
- **Class Break (Recess):** In both the morning and afternoon there is an eight minute transition time for students to move from one class to another.
- **All Gender Bathrooms:** There are two single washrooms on the second floor bathrooms available to all students. On the first floor, all washrooms are individual and open to all students.
- **Lockers:** We will be using lockers this year. Students will receive their locker assignment and combination during the first week of school. We will call the students down by class. **Gym lockers will be used, so students may bring a lock or use or borrow a school lock from their teacher.**
- **Supplies:**
 - lined paper/binders
 - backpack
 - ruler
 - pens/pencils
 - highlighters
 - pencil crayons
 - gym strip and lock

School lockers have an assigned lock

- **Extracurriculars:** CHSS offers a variety of clubs, sports and other extracurricular activities that will give you a lot of opportunities to follow your passions or discover new ones. We will announce over the PA when try-outs are being held for sports, and when clubs begin. In September, the sports that run are volleyball, boys' soccer, and cross-country.
- **Contact:** If students or families have any questions or concerns, please contact Ms. Lihou at Aja.Lihou@sd52.bc.ca or Ms. Rourke at Carla.Rourke@sd52.bc.ca

Timetable

This year we are running a Semester System with double blocks. This means that students will be enrolled in 4 classes from September to January and a different 4 classes from February to June. On Tuesdays and Thursdays, students will have two classes a day, which will be all morning and afternoon. There is a sample timetable in your welcome package, also a blank template to transfer the schedules to for reference.

Grade 10 English classes are 2 credits each, that is why you will see two classes in one block (such as EFP Literary Studies 10 and EFP Writing 10 on the sample below).

Prince Rupert **Sample Student Schedule**

Page 1 of 2

Student Name: [REDACTED]		Student ID: [REDACTED]
Homeroom:		Grade Level: 10
D1		
1	[S1] SCIENCE 10 Smithanik, Aisa - 216 [S2] SOCIAL STUDIES 10 Prohaska, Anna-Marie - 309	
2	[S1] FOUNDATIONS OF MATH AND PRE-CALCULUS 10 Bishop, Ryan - 221 [S2] VISUAL ARTS: PHOTOGRAPHY 10 Parker, Tasha - 104	
3	[S1] PHYSICAL AND HEALTH EDUCATION 10 Sawka, Kevin - 103B [S2] EFP LITERARY STUDIES 10 O'Toole, Alison - 215 [S2] EFP WRITING 10 O'Toole, Alison - 215	
4	[S1] ADST - FOOD STUDIES 10 Cooper, Megan - 320 [S2] CAREER LIFE EDUCATION 10 Teacher #1, T#1 - 208	
5		
6		
7		
8		
9	[FY] BASKETBALL 10- FLIGHT ONE Sawka, Kevin - 103A	
10		

This is the period of the day for this course

Periods 1-4 are inside the timetable

Periods 5-10 are outside of the timetable (i.e. before school, lunch, or after school)

This is the Semester the course runs in

S1= Semester 1
S2= Semester 2
T1= Term 1
T2= Term 2
T3= Term 3
T4= Term 4
FY= Full Year

This is the teacher's name and room number.

MY SCHEDULE LOCKER COPY					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:45-10:05 am	Period 1	Period 1	Period 1	Period 2	Period 1
10:05-10:13 am	Transition		Transition		Transition
10:13-11:33 am	Period 2		Period 2		Period 2
11:33-12:13 pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:13-1:33 pm	Period 3	Period 3	Period 3	Period 4	Period 3
1:33-1:41 pm	Transition		Transition		Transition
1:41-3:01 pm	Period 4		Period 4		Period 4

If you are confused, we are here to help and will be available to support when you arrive on Sept. 3rd at 10:45 am in the Multipurpose Room.

Carla Rourke
Principal

